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Woodlands Academy,
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Head Teacher: Ms C Hasker

Together We Achieve

Wednesday 6th May 2026

RE: Relationships and Health Education (RHE) Lessons and upcoming drop in parent workshop

Dear Parent/Carer,

As part of our school's **Personal, Social, Health and Economic (PSHE)** Education programme, and in line with London Borough of Ealing's recommended scheme of work for PSHE Education, children from Reception to Year 6 will take part in **Relationships and Health Education (RHE) lessons** in the Summer term. The content of what we will be teaching in these lessons remains unchanged for Summer 2 term. The lessons have been carefully planned to be relevant and appropriate to each year group.

Children and young people see a lot of information about relationships on the internet, on TV, and in magazines. If children are given the right information at the right time, and in a way they can understand, they can feel more confident as they grow up. They will better understand the changes happening in their bodies and feelings. This helps them grow into healthy, confident adults who can make good and safe choices.

As you may be aware, Relationships Education became statutory in all primary schools from September 2020. Here at Woodlands Academy, we firmly believe in a holistic approach to all aspects of education, including Relationships Education.

Within these lessons, we will discuss the NSPCC PANTS initiative with all pupils and will also be teaching Key Stage Two pupils 'My Body, My Rules' including FGM lessons (Year 3-6). If you would like to look at the lessons, give feedback about the policy or if you have any questions, we will be holding a **parent drop-in session on Monday 18th May at two times: 8:45-9:15am or 2:30-3:00pm** in school. **Please fill in the [google form](#) if you would like to attend the workshop.** If you are unable to attend the session but would like to see the lesson content, this can be indicated on the Google form and printed copies of lesson resources can be shared.

If you have any questions, please contact us.

Thank you for your continued support,

Yours sincerely,

Ms Moxom
Deputy Headteacher/DSL/PSHE and Wellbeing Lead

