



These statements can keep me and others safe & happy at school and home

To stay **SAFE online and on my devices**, I follow the Digital 5 A Day and:



1. I only **USE** devices or apps, sites or games if I am allowed to.
2. I **ASK** for help if I'm stuck or not sure; I **TELL** a trusted adult if I'm upset, worried, scared or confused.
3. I look out for my **FRIENDS** and tell someone if they need help.
4. If I get a **FUNNY FEELING** in my tummy, I talk to an adult.
5. I **KNOW** that online people aren't always who they say they are and things I read or see are not always **TRUE**. [to mention AI might be too much for KS1 but insert here if you are going to talk about examples]
6. Anything I do online can be shared and might stay online **FOREVER**.
7. I don't keep **SECRETS**  unless they are a nice surprise.
8. I don't have to do **DARES OR CHALLENGES** , even if someone tells me I must. Sometimes these can be dangerous.
9. I don't change **CLOTHES** or get undressed in front of a camera.
10. I always check before **SHARING** my personal information or other people's stories, videos and photos.
11. I am **KIND** and polite to everyone.

✓

I have read and understood this agreement and have completed the Google Form to say who my trusted adults are in school and outside of school.

My trusted adults are:

_____ at school
 _____ at home
 _____ at _____



Acceptable Use Policy (AUP) for **KS1 PUPILS** **2025-26**



I know I can also get in touch with [Childline](#)/click the worry button or write in the worry box in class.

For Parents/ Carers

If your parents/carers want to find out more, they can read Woodland Academy's full Online Safety Policy on our school website for more detail on our approach to online safety and links to other relevant policies (e.g. Safeguarding Policy, Behaviour Policy, etc).