



Monday 16th October

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Dear Parent/Carers,

Thank you for taking time to read this bulletin. It will be shared every two weeks (term time only).

Attendance Matters

- We continue to ask for your support in trying to improve attendance and punctuality at Woodlands. We have introduced rewards for good attendance, which are weekly, half termly, termly and yearly.

Introducing the Golden Games!

- In assembly, we launched our exciting incentives for attendance this year. We have replaced our Golden Table (Friday) with the **Golden Games** room (every **Monday lunchtime**).
- Children who have **100% attendance** for the previous week will be added to the attendance wheel. The wheel will be spun and 3 children will be chosen for the Golden Games room.

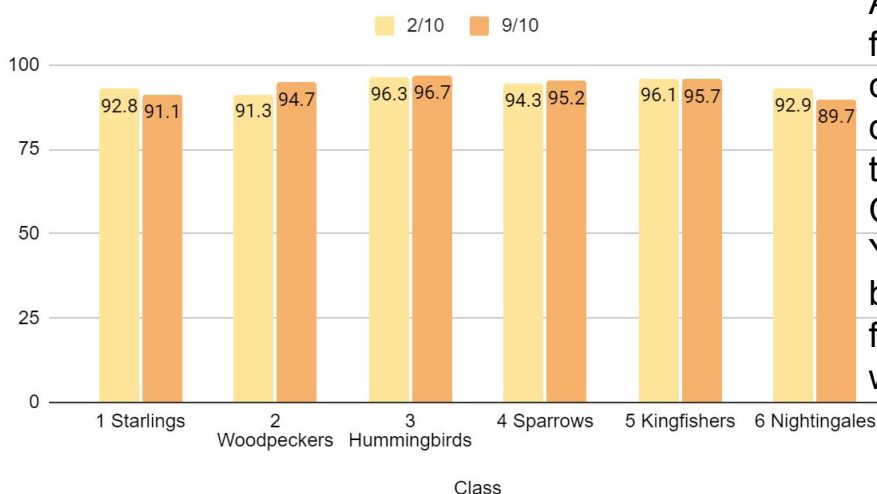
Rewarding good attendance

- Children will **be awarded a certificate if they reach the attendance target of 96.5% for the half term** and they will **be awarded a certificate and 20 dojos if they reach the target for the whole term**.
- Children who have **100% attendance at the end of Autumn 1 will join the 100 club**. If they **stay on 100% for the rest of the academic year, they will be given a special reward**.

All children who reach the target of 96.5% by the end of the year will receive a golden ticket invite to attend 'Gold Day' in the final week- they will be allowed to wear their own clothes to school and they will have a party to celebrate their good attendance for the year.

Attendance Winners

Class attendance for last two weeks



As you can see from the graph, classes are not quite reaching our target 96.5%. Congratulations to Year 3 who have been our winners for the last two weeks!

Week beginning	Winning Class	Percentage	School average
2/10/23	Year 3 Hummingbirds	96.3%	93.8%
9/10/23	Year 3 Hummingbirds	96.7%	93.6%



*Helping to keep
children safe in
school and at home.*



Safeguarding Spotlight

Mental Health and Wellbeing

We all have mental health. Looking after our mental health is essential to the way we function each day and how we navigate life. Last week was **World Mental Health Day**, so we would like to remind you of our [Wellbeing site for parents](#), which has numerous links/resources we hope you will find useful.

As humans, understanding the brain and our emotions helps us to understand and regulate ourselves. Pupils at Woodlands are taking part in a project called 'What Happens At The Point of Not Understanding?', which is a follow on from the work we did Post Covid- 'Same Sea, Different Boats' with psychotherapist Vanessa McHardy. Pupils have learnt about how the neurons in the brain allows learning to happen and how the brain affects our decisions and when we are faced with danger, our brain responds accordingly in 3 ways- Fight, Flight or Freeze.



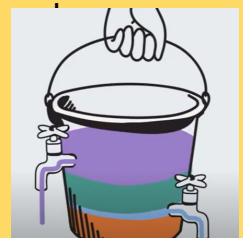
Here are some of the comments from our pupils about the brain:

- ★ *I liked talking about how the brain works. It helped me talk about my feelings.*
- ★ *I did not know before that the brain does so much for us. Without the brain, we would not be able to move, talk or make decisions. These lessons helped me understand that the brain affects everything we do in life.*
- ★ *I liked learning about how the brain works.*

Although the role of a parent/carers can bring many rewarding and wonderful moments, at times you may be left feeling overwhelmed by some of the stresses of life alongside parenting. The analogy of the [Stress Bucket](#) can help us all understand how to cope when we are feeling overwhelmed. It is important to take care of your own mental health so that you can support your child at home and help them understand and regulate their own emotions.

The idea of the Stress Bucket is that you should do things that help to stress.

- **What things fill up your stress bucket?**
- **What things do you do to make you feel calm/help to release]/ reduce the stress?**



Reminder of The 4 Cs on Online Safety

CONTENT



Are you
accessing age
appropriate
information?

CONDUCT



Are you
behaving
responsibly
towards others?

CONTACT



Do you know
who you are
talking to
online?

COMMERCIALISM



Are you aware of
the hidden costs
and advertising
in apps/
websites?

Do you follow us on Social Media?

Our School Instagram page has regular updates of things happening in school
If you don't already follow us, click the link below or use the QR code.

[Woodlandsschoolealing](#)



Our School **Facebook page**.

Please follow us. **Please leave us a review.**

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Primary School](#)



**Woodlands Academy Primary
School**



Dates for your diary

- **Half Term- Monday 23rd October- Friday 27th October**
- **Monday 30th October-** Return to school
- **Thursday 2nd November-** Maths Morning Showcase 9-10:30am Year 1-5
- **Wednesday 8th November-** Parents Evening (details to book will be shared soon)
- **Monday 13th November-** Anti Bullying Week (details coming soon)
- **Friday 17th November-** Friendship Friday

All upcoming dates can be seen in our [school website calendar](#).

Next bulletin: 13th November