

Transition to secondary school: webinar for parents/carers

Ealing Mental Health Support Team

The transition to secondary school can be a worrying time for Year 6s and their parents/carers. We are **delivering workshops for parents/carers of Year 6 students in primary school** to give you some ideas of **how you can support your child to manage the transition to secondary school**. We will also be talking about how you can manage your own emotions about your child moving to secondary school. We will talk specifically about this transition for children with special educational needs and disabilities (SEND) at the end of the presentation.

We will be presenting this workshop on **three different dates**:



FAQs

Where will the workshop take place?

The workshops will take place via **Microsoft Teams** video conferencing software. Microsoft Teams can be downloaded as a free app for phones, iPads/tablets, laptops/desktop computers.

To sign up, please complete this Survey Monkey:
<https://www.surveymonkey.co.uk/r/ZYPHZSG>

Who are we?

We are the **Ealing Mental Health Support Team** and we **support the wellbeing of children and young people** in education settings.

How long is the workshop?

The workshop will last **1 hour with 15 minutes** for questions. There will then be an **extra 15 minutes** at the end for parents of children with special educational needs and disabilities (SEND), such as Autism Spectrum Condition (ASC) and learning difficulties

*We hope to see you at one of our workshops.
If you have any questions, please email us at ealing.mhst@nhs.net*