

Headteacher: Ms Harinder Rana

Together We Achieve

Wednesday 10th January 2018



Dear Parent/Carer/Guardian,

RE: Parent and Child workshop

We are delighted to announce that we will be running a free workshop with **both parents and children** together on **'How to help your family be more active'**.

This workshop will be run on **Friday 19th January between 2-3 pm.**

This is a great opportunity for parents and carers to work closely alongside their children to learn about the following:

- Why is it important to stay active?
- How can being active benefit your body?
- Look at fun and practical ideas to help your family improve their activity levels.

If you and your child would like to attend, please fill out the form and return it back to the school office by Thursday 18th Jan 2018.

Yours sincerely,

Miss Chaudhry

Parent and child workshop – please hand in to the school office by Thursday 18th Jan 2018.

Name of child: _____ Class _____

Name of Parent _____

I would like to attend workshop with my child.

Signed _____ Date _____