

Tuesday 23rd May 2023

RE: Relationships and Growing Up (RGU) lessons

Dear Parent/Carer,

As part of our school's **Personal, Social, Health and Economic (PSHE)** Education programme, and in line with London Borough of Ealing's recommended scheme of work for PSHE Education, children from Reception to Year 6 will take part in **Relationships and Growing Up lessons** in the Summer term. These lessons have been carefully planned to be relevant and appropriate to each year group. For these lessons, we will be using the same resources and lesson content as we have done for the last few years.

Nowadays, there is a vast amount of information about relationships on the internet, on TV, in magazines, to which children and young people are exposed. If children are provided with timely and age-appropriate information about their bodies and relationships, they can make their transition into adolescence and adulthood with the confidence and knowledge to understand what is happening to them. They will also have the best chances of growing into confident and healthy adults able to make positive choices.

As you may be aware, Relationships Education became statutory in all primary schools from September 2020. Here at Woodlands Academy, we firmly believe in a holistic approach to all aspects of education, including Relationships Education, therefore we consulted with parents to create our [Relationships and Growing Up Education Policy](#), which is available on our website.

Lesson content for all year groups is available on our [website here](#). Within these lessons, we will discuss NSPCC PANTS initiative with all pupils and will also be teaching Key Stage Two pupils 'My Body, My Rules' including FGM lessons (Year 3-6). Please take a look at the lessons and if you have any questions, we will be holding a parent drop-in session on **Tuesday 6th June 2023 3:15-3:45** in school. **Please fill in the [google form](#) if you would like to attend the workshop.**

If you have any questions, please contact us.

Thank you for your continued support,

Yours sincerely,

Ms Moxom

Assistant Headteacher/ Wellbeing Lead



SCHOOL MEMBER

